PLANT FACT SHEET

Hibiscus shirensis Sprague & Hutch.

GENUS *Hibiscus* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Vegetable

DESCRIPTION

A herb or shrub. It grows 2-4 m tall. It is hairy. The leaves are 10 cm long by 7 cm wide. The flowers occur singly in the axils of the leaves. They are red and 2-3 cm across. The fruit capsules is 1 cm across and hairy.

HABITAT

It is a tropical plant. In Central Africa it grows up to 1,450 m above sea level.

REFERENCES

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/000a2235-3c6f-43e6-aa0f-fed0323f4aed