PLANT FACT SHEET

Cassia floribunda Cavanilles

GENUS *Cassia* **FAMILY** Fabaceae

COMMON NAMES Smooth Cassia

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves, Pods, Seeds - coffee

Seeds used for coffee.
The tender fruits are cooked as a vegetable.
The young shoots and leaves are steamed and used as a potherb. They are also cooked in soups and stews.
The unripe seeds are cooked or roasted and eaten with rice.

DESCRIPTION

A shrub. It grows to 3 m tall. The leaves have leaflets along the stalk. The leaflets are oval or sword shaped. They are 20 cm long. There are glands on the stalk between the leaflets. Flowers are yellow. The occur in groups in the axils of leaves. The fruit is a pod. It is like a cylinder.

HABITAT

It grows in Nepal between 700-2200 m altitude. It is a subtropical plant. It needs well-composted, moist, well-drained soils. It is damaged by frost or drought.

PRODUCTION

Cultivation

Plants are grown from seeds. The seeds need treatment to break the hard seed coat before planting.

NOTES

There are 100 Cassia species. This group has been revised to a smaller more consistent group. Also as Caesalpinaceae.

PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/00223ec7-70a2-49b9-9f9c-bedfca739c56