PLANT FACT SHEET

Porphyra columbina Montagne

GENUS *Porphyra* **FAMILY** Bangiaceae

COMMON NAMES Southern lava

EDIBLE PARTS AND USES

Edible parts: Seaweed, Algae

DESCRIPTION

A seaweed.

Possibly now Pyropia columbina (Montagne) W. A. Nelson;

HABITAT

It is a temperate plant.

REFERENCES

Cherry, P., et al, 2019, Risks and benefits of consuming edible seaweeds. Nutrition ReviewsVR Vol. 77(5):307–329

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/002f01cf-1d64-47e2-999d-ec96bde0a328