PLANT FACT SHEET

Juncus thomsonii Buchenau

GENUS *Juncus* **FAMILY** Juncaceae

COMMON NAMES Central-Asian rush, Thomson's rush

EDIBLE PARTS AND USES

Edible parts: Root, Rhizome

DESCRIPTION

A rush. The stems are 5-20 cm long. They have a round head of brown to white flowers. The leaves are narrow and near the base.

HABITAT

It is a temperate plant. It grows between 3,000-5,200 m above sea level.

REFERENCES

Ding, X., et al, 2022, Wild Plants Used by Tibetans in Burang Town, Characterized by Alpine Desert Meadow, in Southwestern Tibet, China. Agronomy 2022, 12, 704.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/006cfd5e-fff6-4e1d-a574-09b68e0f3975