PLANT FACT SHEET

Bidens bipinnata L. non Wall.

GENUS *Bidens* **FAMILY** Asteraceae

COMMON NAMES Bipinnate Beggar's Ticks, Spanish Needles

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The fresh shoots are used as a pot-herb. Leaves can be dried for later use.

DESCRIPTION

An erect annual herb. It grows 0.3-1 m high. The stems are 4 angled. The leaves are divided into 5-9 leaflets which are again divided. They are 2-18 cm long by 1-18 cm wide. The flowers heads are 5-10 mm across. They are yellow or orange. The fruit are 2 cm long. They have 3-5 hooked bristles.

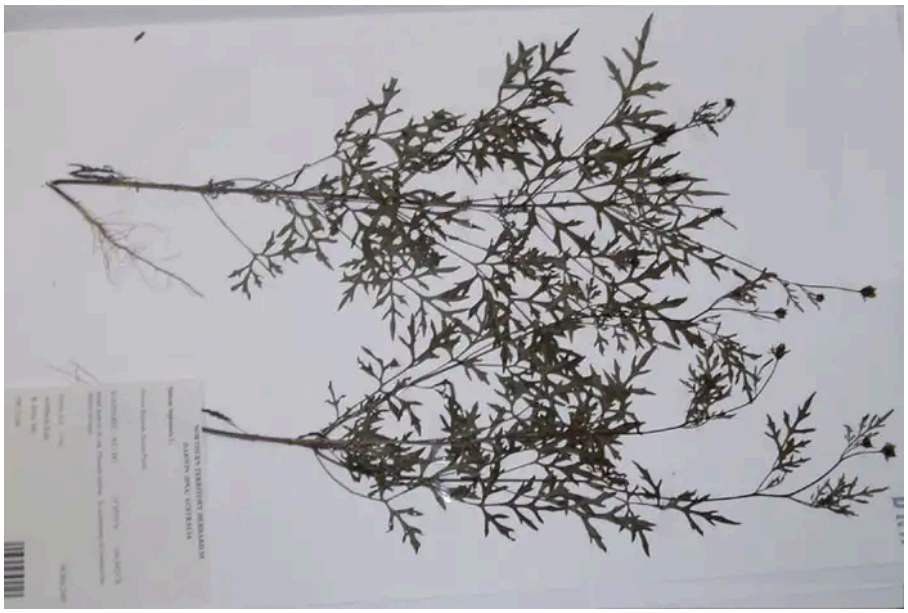
HABITAT

A tropical plant. In north Queensland it grows from sea level to 900 m altitude. It is often in poorly drained soils. It grows between 4-2,125 m altitude. It can grow in arid places. In Sichuan and Yunnan.

NOTES

There are about 200 Bidens species. Most are in North America. Vitamin C 40 mg/100 g.

PICTURES



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