PLANT FACT SHEET

Cystophora retorta (Mertens) J. Agardh

GENUS *Cystophora* **FAMILY** Sargassaceae

EDIBLE PARTS AND USES

Edible parts: Algae, Seaweed

The fresh parts are cooked or pickled.

DESCRIPTION

An algae or brown seaweed. It grows 20-80 cm long.

HABITAT

It is a temperate plant.

NOTES

It has also been put in the family Cystoseiraceae.

REFERENCES

Campbell, R., 2023,The SEAWEED SUPPLEMENT. p 16

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/00f0e2c4-af7f-4562-b065-641bedc2d758