PLANT FACT SHEET

Taraxacum ceratophorum (Ledeb.) DC.

GENUS *Taraxacum* **FAMILY** Asteraceae

COMMON NAMES Northern dandelion, Horned dandelion

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds - coffee, Flowers - wine

The leaves can be used in salads or cooked as a potherb or used for tea.
The seeds can be roasted and used as a coffee substitute.
The flowers can be fermented for wine.

DESCRIPTION

A small plant with a fleshy rootstock. The leaves and flowering stem arise from this. The leaves are sword shaped and deeply toothed. The flowers are yellow on hollow stems. The seed heads are round. The parachute like seeds blow in the wind.

HABITAT

It is a cool temperate plant. It grows high in the mountains in Canada. It grows on open slopes.

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