PLANT FACT SHEET

Ceropegia cupulata (R. A. Dyer) Bruyns

GENUS *Ceropegia* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

The tubers are eaten raw or roasted in the ashes.

DESCRIPTION

A herb. It has underground stems or rhizomes. It can have a tuberous root. It is succulent and keeps growing from year to year. It grows 15 cm high. The leaves are oval or sword shaped. They are narrow and 3-8 cm long by 0.4-1.5 cm wide. There are short hairs on both surfaces. The flowers occur as one or two together. The tubers are 10 cm across.

HABITAT

It is a subtropical plant that grows in hot arid places. It grows in areas with a marked dry season. In Southern Africa it grows between 900-1,600 m above sea level. It can grow in arid places. It is a subtropical plant. It grows among the trees in the Kalahari.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/00f65e80-a263-47b3-8780-e50a7ec47784