PLANT FACT SHEET

Oxybasis urbica (L.) S. Fuentes, Uotila & Borsch

GENUS *Oxybasis* **FAMILY** Amaranthaceae

COMMON NAMES City Goosefoot, Cucina, Shi li, Upright Goosefoot

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves and young stems are boiled and used in stews.

DESCRIPTION

An annual herb. It grows 20-100 cm tall. The lower leaves are 14 cm long by 11 cm wide and oval or D shaped. There are teeth along the edge.

HABITAT

It is a temperate plant. It grows in the Gobi desert.

NOTES

There are about 100-150-250 Chenopodium species. They are mostly in temperate regions.
Also put in the family Chenopodiaceae.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0104ef7f-0c3a-4754-9ca5-1cda11e9a44f