PLANT FACT SHEET

Caulerpa racemosa var. occidentalis (J. Agardh) Boergesen

GENUS *Caulerpa* **FAMILY** Caulerpaceae

EDIBLE PARTS AND USES

Edible parts: Algae, Fronds, Seaweed

It is eaten as a salad vegetable. It is rinsed in fresh water and lemon juice added. It can also be fried.

DESCRIPTION

A seaweed. It has small branches with longer stalks and more gradually inflated near the end.

Now Caulerpa chemnitzia (Esper) J. V. Lamouroux.

HABITAT

A tropical plant. It grows on coral reefs in tropical waters. It grows in the lower intertidal zones. It is on partly exposed shores.

REFERENCES

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South, G. R., 1993, Edible Seaweeds of Fiji: An Ethnobotanical Study. Botabica Marina. Vol. 36 pp 335-349

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/01218c57-795f-4478-976e-c14689a25b17