PLANT FACT SHEET

Semenovia tragioides Boiss.

GENUS *Semenovia* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring

The leaves are used to flavour jams and pickles.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Bamoniri, A., et al, 2010, Antioxidant and antimicrobial activity evaluation and essential oil analysis of Semenovia tragioides Boiss. from Iran. Food Chemistry 122: 553-558

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/016ae03d-fdea-4fec-8e18-41307097a49c