PLANT FACT SHEET

Avena nuda L.

GENUS *Avena* **FAMILY** Poaceae

COMMON NAMES Hull-less oat, Naked oat, Peelcorn, Pillcorn, Sand oat

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal

The seeds can be eaten. They can also be sprouted and eaten.

DESCRIPTION

A grass. There are several named cultivated varieties. It grows each year from seeds. It grows 45-90 cm tall. The leaves are 20 cm long by 3-7 mm wide. The flower panicle is 25 cm long. The spikelets are 1-3 cm long. The grain is 6 mm long.

HABITAT

It is a temperate plant. It is cultivated between 2,300-3,300 m above sea level in China. In Yunnan.

NOTES

There are about 25 Avena species.

PICTURES

Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/01aba135-ce02-4908-9ab9-8a5e382b3bd5