PLANT FACT SHEET

Pseudophoenix sargentii Wendl.

GENUS *Pseudophoenix* **FAMILY** Arecaceae

COMMON NAMES Buccaneer palm, Sargent's cherry palm

EDIBLE PARTS AND USES

Edible parts: Growing tip, Cabbage, Palm heart

DESCRIPTION

A medium sized palm. It grows 4-8 m tall. The trunk can be 30 cm across. The crown holds 8-12 fronds. The fronds are 1.2-2.7 m long. The leaflets are 60 cm long by 5 cm wide. The fruit are round and red and 4 cm across.

HABITAT

It is a tropical plant. It usually grows near the sea and on limestone soils.

REFERENCES

Casas, A., et al, 1996, Plant Management Among the Nahua and the Mixtec in the Balsas River Basin, Mexico: An Ethnobotanical Approach to the Study of Plant Domestication. Human Ecology, Vol. 24, No. 4 pp. 455-478

NYBG herbarium "edible" (As Pseudophoenix linearis)

Plants of Haiti Smithsonian Institute http://botany.si.edu

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/01b6bca2-2f9b-4443-ab89-f0c4195dc6cb