PLANT FACT SHEET

Cratoxylum cochinchinense (Loureillo) Blume

GENUS *Cratoxylum* **FAMILY** Hypericaceae

EDIBLE PARTS AND USES

Edible parts: Fruit - spice, Leaves - tea, Vegetable

The young fruit are used as a spice.
The young leaves are used for tea.
The leaves are also used in soup dishes and also eaten raw.

DESCRIPTION

A shrub or small tree. It can grow up to 18 m tall. It can be just a shrub 4 m high. The bark is light brown and smooth and peels off. The leaves are opposite and narrowly oval and 5-10 cm long by 2-3 cm wide. The leaves are greyish-green underneath. The veins are not joined in loops. The flowers are coral-red. They occur in groups of 1-7. The fruit are oval capsules 8-12 mm long.

HABITAT

A tropical plant. It grows in secondary forests, thickets, dry sunny mountain slopes, hills; to 1200 m in China. It grows on sea-side cliffs and along streams. In Yunnan.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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