PLANT FACT SHEET

# *Geum glaciale* Adams ex Fisch.

**GENUS** *Geum* **FAMILY** Rosaceae

**COMMON NAMES** Glacier avens

## EDIBLE PARTS AND USES

**Edible parts:** Root

The roots are eaten with meat. The roots can be stored in cold conditions.

## DESCRIPTION

A herb. It keeps growing from year to year. It grows in loose patches. The rootstock is thick and dark brown. It keeps the dead leaf stalks from past years. The leaves at the base are 4-8 cm long. They are oblong and deeply lobed. There are 11-17 teeth. There can also be secondary teeth near the tip. The leaves are bright light green. They have silver hairs. They turn yellowish-brown in autumn. The stems have a single flower. The flowers are bright light yellow. They are 3.5 cm across. The fruit have many seeds.

## HABITAT

It is a cold temperate plant.

## REFERENCES

Ainana, L. & Zagrebin, I., 2014, Edible Plants Used by the Siberian Yupik Eskimos of Southeastern Chukotka Peninsula, Russia, (English translation). p 60

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/01f96fb8-8afb-4cd4-934a-0ea61b882c39