PLANT FACT SHEET

Coccinia adoensis var. jeffreyana Holstein

GENUS *Coccinia* **FAMILY** Cucurbitaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe and the unripe fruit are eaten.

DESCRIPTION

A creeping pumpkin family plant. The stems are 3 m long. They have long shoots. The leaves are 3-10 cm long by 3-12 cm wide. They have 3-5 lobes. These are triangle shaped. The fruit are 2-6 cm long by 1 cm wide.

HABITAT

It is a tropical plant. It grows between 1,300-2,600 m above sea level.

REFERENCES

Holstein, N., 2015, Monograph of Coccinia (Cucurbitaceae). PhytoKeys 54: 1–166

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/021b34d8-df20-429d-822e-2984f37202b6