PLANT FACT SHEET

Pinus quadrifolia Parl. ex Sudw.

GENUS *Pinus* **FAMILY** Pinaceae

COMMON NAMES Parry pine, Four-leaved nut pine

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds, Nuts

The nuts are ground and mixed with water and used as a drink.
The cooked, unshelled nuts are stored for later use.

DESCRIPTION

A small tree. It grows 8-15 m tall. The trunk can be 40 cm across. The bark is thick and rough. The leaves or needles are in groups of 4-5. They are 3-5 cm long and dark green and shiny. The cones open to 5-7 cm across and have seeds attached to the scales. The seeds are 10-14 mm long and have a thin shell.

HABITAT

It is a Mediterranean climate plant.

NOTES

It is now a rare species.

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