PLANT FACT SHEET

Sarcandra glabra (Thunb.) Nakai

GENUS *Sarcandra* **FAMILY** Chloranthaceae

COMMON NAMES Tea scent, Japanese ardisia

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Fruit, Seeds

It is used for scenting tea.
The seeds are dried, roasted and used as a sesame seed substitute.

DESCRIPTION

A small shrub 50-150 cm tall. It is half woody. The leaves are simple and opposite. They are 6-13 cm long by 2-5 cm wide. There are teeth along the edge. The flowering shoots are in the axils of leaves and hav scale like leaves. The fruit are bright red. They are 5-6 mm across. There is one seed.

HABITAT

A tropical plant. It grows in forests, thickets, valleys, ravines, slopes, roadsides, trailsides, grasslands, swamps, streamsides, sandy soil; near sea level to 2000 m altitude in China. In XTBG Yunnan.

NOTES

There are 2 Sarcandra species.

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