PLANT FACT SHEET

Mentha x piperita var. officinalis L.

GENUS *Mentha* **FAMILY** Lamiaceae

COMMON NAMES Black peppermint

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows 50 cm tall and 1 m wide.

HABITAT

It is a temperate plant.

NOTES

There are 25 Mentha species.

REFERENCES

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Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Wiersema, J. H. & Leon, B., 2013, World Economic Plants. A Standard Reference CRC Press. 2nd Ed. p 444

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/02546918-6beb-4b6c-97f6-d706ab0bfbaa