PLANT FACT SHEET

Santolina rosmarinifolia L.

GENUS *Santolina* **FAMILY** Asteraceae

COMMON NAMES Holy flax

EDIBLE PARTS AND USES

Edible parts: Flowers - tea, Leaves - flavouring

The flowering parts are used for a herbal tea.

DESCRIPTION

A shrub. It grows 50 cm tall and 1 m wide.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Ferns, Plants for a Future

Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272

Tardio, J., et al, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0258fcd3-76ad-42cd-b792-d66c37381bfd