PLANT FACT SHEET

Alpinia oxymitra K. Schum.

GENUS *Alpinia* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Flowers, Vegetable

The shoots are boiled and eaten as a vegetable.
The young flowering shoots are eaten as a vegetable.

DESCRIPTION

A ginger family herb. The flowers are on the end of the leafy shoot. The fruit are orange-red when ripe.

HABITAT

It is a tropical plant.

REFERENCES

Eiadthong, W., et al, 2010, Management of the Emerald Triangle Protected Forests Complex. Botanical Consultant Technical Report. p 23

Kachenchart, B., et al, 2008, Phenology of Edible Plants at Sakaerat Forest. In Proceedings of the FORTROP II: Tropical Forestry Change in a Changing World. Bangkok, Thailand.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/025a7846-bdd8-4cee-b260-241346256608