PLANT FACT SHEET

Achyrocline alata (Kunth) DC.

GENUS *Achyrocline* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves

They are used as a vegetable and for a drink. They are cooked.

DESCRIPTION

A herb.

HABITAT

It is a high altitude tropical plant. In Brazil it has been recorded at 2,140 m above sea level.

PRODUCTION

Cultivation

PLants can be grown by seed.

NOTES

It is used as medicine. It helps skin repairs.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/02ca9eb8-59b5-4398-a644-6ed58cb4001a