PLANT FACT SHEET

Caulerpa peltata Lamouroux

GENUS *Caulerpa* **FAMILY** Caulerpaceae

COMMON NAMES Lata

EDIBLE PARTS AND USES

Edible parts: Algae, Seaweed

It is eaten raw or as a salad. It is also cooked.

DESCRIPTION

A seaweed or sea vegetable.

Now Caulerpa chemnitzia (Esper) J. V. Lamouroux.

HABITAT

A tropical plant.

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