PLANT FACT SHEET

Smilax officinalis Kunth

GENUS *Smilax* **FAMILY** Smilacaceae

COMMON NAMES Honduran sarsaparilla

EDIBLE PARTS AND USES

Edible parts: Roots - flavouring, Medicine

The dried roots are used to flavour root beer, soft drinks, ice cream, candy and baked goods. They are mixed with other spices because of their bitter taste.

DESCRIPTION

A vine. It can be 50 m long and climbs trees,

HABITAT

A tropical plant.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 231

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 811

Tanaka,

F. W. H. A. von Humboldt et al., Nov. gen. sp. 1:215[folio]; 1:271[quarto]. 1816

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0368371e-5f97-4165-a41e-d6408e0e0d9f