PLANT FACT SHEET

Zingiber spectabile Griff.

GENUS *Zingiber* **FAMILY** Zingiberaceae

COMMON NAMES Beehive ginger, Golden-shampoo ginger, Nodding gingerwort, Pinecone ginger

EDIBLE PARTS AND USES

Edible parts: Rhizome, Root, Spice

The rhizome is sometimes used as a flavouring.
The shoots are cooked in curries.
The flowers are put in boiling water and then eaten.

DESCRIPTION

A ginger family herb which is dormant for part of the year. It has underground stems. It is the largest of the gingers. It can be 4 m tall. The leaves are sword shaped and 50 cm long. They are softly downy underneath. The bracts which enclose the flower are yellow at first but can become red later. They are scoop shaped and waxy. The flowers are produced at ground level on separate shoots. These are 25 cm long. The flowers are cream with purple near the edges.

HABITAT

It is a tropical plant. It suits seasonally moist and dry climates. It needs fertile, organically-rich, well-drained soils. It does well in bright shade. It suits hardiness zones 9-12. Cairns Botanical Gardens.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)

REFERENCES

Burkill, I.H., 1966, A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 2345

Chiang Mai University Vol. 4 , 1964, bio1080uu, Table 6 p 103

Cundall, P., (ed.), 2004, Gardening Australia: flora: the gardener's bible. ABC Books. p 1496

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 249

Hibbert, M., 2002, The Aussie Plant Finder 2002, Florilegium. p 311

Lim, T. K., 2015, Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs. Springer p 87

Lim, T. K., 2016, Edible Medicinal and Non-Medicinal Plants: Volume 12 Modified Stems, Roots p 8

Llamas, K.A., 2003, Tropical Flowering Plants. Timber Press. p 372

Morley, B. & Everard, B., 1970, Wild Flowers of the World. Ebury press. Plate 124

Recher, P, 2001, Fruit Spirit Botanical Gardens Plant Index. www.nrg.com.au/~recher/ seedlist.html p 4

Smith, N., Mori, S.A., et al, 2004, Flowering Plants of the Neotropics. Princeton. Plate 64 (Photo)

Staples, G.W. and Herbst, D.R., 2005, A tropical Garden Flora. Bishop Museum Press, Honolulu, Hawaii. p 769

Tanaka,

Topp, J. M. W., 1988, An Annotated Check List of the Flora of Diego Garcia, British Ocean Territory. Atoll Research Bulletin No. 313

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/03767b80-2ad9-4290-8b7b-503338d8ce52