PLANT FACT SHEET

Combretum schumannii Engl.

GENUS *Combretum* **FAMILY** Combretaceae

COMMON NAMES Minda, Mwinda

EDIBLE PARTS AND USES

Edible parts: flower - nectar

DESCRIPTION

A shrub or small tree. It can grow 18 m tall. It loses its leaves during the year. The bark is grey and scaly. The small branches are slender. The leaves are opposite. The leaf blade is 2-9 cm long by 1-5 cm wide. They are papery. They are oval and blunt at the tip and wedge shaped at the base. There are 3-5 pairs of side veins. The flowers are pale yellow. The flowers are in spikes in the axils of fallen leaves. The fruit is green and 3.5 cm across.

HABITAT

It is a tropical plant. It grows on sand in woodland and thickets.

REFERENCES

East African Herbarium records, 1981,

Flora Zambesiaca. http://apps.kew.org/efloras

Fowler, D. G., 2007, Zambian Plants: Their Vernacular Names and Uses. Kew. p 20

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 86

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0379e8ca-4702-48a8-bc4d-78d41a37c62d