PLANT FACT SHEET

Astrodaucus orientalis (L.) Drude

GENUS *Astrodaucus* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems

The leaves are fried. They are also pickled. The stems are eaten raw.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Hovsepyan, R., et al, 2016, Food as a marker for economy and part of identity: traditional vegetal food of Yezidis and Kurds in Armenia. Journal of Ethnic Foods. 3:32-41

Nanagulyan, S., et al, 2020, Wild plants and fungi sold in the markets of Yerevan (Armenia). Journal of Ethnobiology and Ethnomedicine 16:26

Sulaiman, N., et al, 2024, Cultural vs. State Borders: Plant Foraging by Hawraman and Mukriyan Kurds in Western Iran. Plants 2024, 13, 1046

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/037dc52b-d9b1-4770-b540-8ed12c64f794