PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Chamaedorea alternans H. Wendl.

GENUS *Chamaedorea* **FAMILY** Arecaceae

DESCRIPTION

A palm. It grows 3 m tall and the stems are 3-4 cm across. The leaf sheaths have a white edge. Plants are separately male and female.

HABITAT

It is a tropical plant. In Mexico it grows in wet forests between 300-700 m above sea level.

REFERENCES

Piedra-Malagón, E. M. et al, 2022, Edible native plants of the Gulf of Mexico Province. Biodiversity Data Journal 10: e80565 p 11

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/03858801-1b5c-4546-8ca3-43e5c650b6da