PLANT FACT SHEET

Russula heterophylla (Fries) Fr.

GENUS *Russula* **FAMILY** Russulaceae

EDIBLE PARTS AND USES

Edible parts: Mushroom, Fungus

DESCRIPTION

A mushroom.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Lentini, F. and Venza, F., 2007, Wild food plants of popular use in Sicily. J Ethnobiol Ethnomedicine. 3: 15

Luczaj, L., et al, 2015, Wild food plants and fungi used by Ukrainians in the western part of the Maramureş region in Romania. Acta Soc Bot Pol 84(3):339–346

Pace, G., 1998, Mushrooms of the world. Firefly books. p 148

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/03a6da7b-9359-476e-935d-24c349626690