PLANT FACT SHEET

Iris setosa Pall. ex Link

GENUS *Iris* **FAMILY** Iridaceae

COMMON NAMES Beachhead iris

EDIBLE PARTS AND USES

Edible parts: Root, Rhizome, Seeds-coffee

Starch is extracted from the roots.
The parched seeds are ground and used as a coffee substitute.

DESCRIPTION

A fleshy stemmed iris. It grows 60 cm tall. It grows in clumps. They leaves are grey-green. They arch over. They are narrow and ribbed. The flowers are purple with white centres. The veins are yellow.

HABITAT

It is a cool temperate plant. It grows well in damp soil in sun. It grows in wet subalpine meadows near ponds between 1,500-2,500 m above sea level. It suits hardiness zones 3-9.

NOTES

There are about 300 Iris species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/03afb62b-cbc0-4bfa-9a56-096a965536f5