PLANT FACT SHEET

Impatiens tingens Edgew.

GENUS *Impatiens* **FAMILY** Balsaminaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

An annual herb. It grows 60 cm tall. The leaves are narrowly oval and taper to both ends. They have teeth along the edge. The seed capsules explode when ripe.

HABITAT

It is a temperate plant. It grows between 1,500-3,000 m above sea level.

NOTES

There are about 850 Impatiens species.

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0428edb0-58d1-4787-aea4-1d981b216225