PLANT FACT SHEET

Atractylodes ovata (Thunb.) DC.

GENUS *Atractylodes* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Root

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

Chemical composition: essential oil = 1.5%. Also contains resin.
Reported exceedingly rich in Vitamin A.

REFERENCES

Fl. jap. 306. 1784 (As Atractylis ovata)

Hwang, H., et al, 2013, A Study on the Flora of 15 Islands in the Western Sea of Jeollanamdo Province, Korea. Journal of Asia-Pacific Biodiversity Vol. 6, No. 2 281-310

Hwang, HS, et al, 2014, Distribution characteristics of plant in the Ungseokbong Mountain, Gyeongsangnam-do, Korea. Journal of Asia-Pacific Biodiversity. 7(2014) e164-e178

READ (As Atractylis ovata)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/044a7dac-7994-45f6-9724-24802aaffbd1