PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Linaria vulgaris Mill.

GENUS *Linaria* **FAMILY** Plantaginaceae

COMMON NAMES Yellow toadflax, Butter and eggs

EDIBLE PARTS AND USES

Edible parts: Leaves, flower - nectar, Flowers

Caution:
The flowers were eaten as a snack.

DESCRIPTION

A medium sized tufted herb. It grows 25-75 cm tall. It keeps growing from year to year. The rootstock is creeping or has rhizomes. The stems are erect or curve upwards. The stems usually branch in the upper half. The leaves are narrow and crowded. They are alternate and simple. They are 2-7.5 cm long. They have one vein. The flowers are yellow. They are 25-33 mm long and in long dense racemes. The spur is 10-13 mm long and straight. One plant can produce 30,000 very small seeds.

HABITAT

It grows in temperate locations. It grows in grassy locations. In north China it grows on mountain slopes below 2,200 m above sea level. In Argentina it grows from sea level to 1,500 m above sea level. Tasmania Herbarium.

PRODUCTION

Cultivation

It can be grown from seeds. It can also be grown from sections of the underground stems. Seeds can last for 10 years.

NOTES

There are about 100 Linaria species. It can be invasive. It is used in medicine.
Also put in the family Scrophulariaceae.

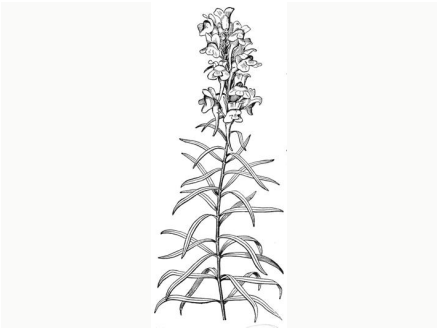
PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/044ae0f5-b33f-4a7d-9664-7c5c8da81091