PLANT FACT SHEET

Pholisma arenarium Nutt. ex Hook.

GENUS *Pholisma* **FAMILY** Boraginaceae

COMMON NAMES Desert Christmas tree

EDIBLE PARTS AND USES

Edible parts: Roots, Stems

The stems are eaten raw of roasted or baked.

DESCRIPTION

A fleshy herb. It grows 20-30 cm tall. It grows attached to shrubs by its roots.

HABITAT

They grow in tropical and subtropical America. They grow in arid or seasonally dry climates. It grows as a parasite on the roots of shrubby Asteraceae and some Crotons.

NOTES

There are 3 Pholisma species.
It has also been put in the family Lennoaceae.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/044e69c3-6ba6-4905-86ea-062b5caf8350