PLANT FACT SHEET

Apocynum venetum L.

GENUS *Apocynum* **FAMILY** Apocynaceae

COMMON NAMES Dogbane, Netting hemp

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The leafy shoots are gathered and steamed and dried then used for tea.

DESCRIPTION

A erect herb. It has milky sap. It grows 1-2 m high. It has rhizomes or underground stems that are pink. The branches are purple-red. The leaves are opposite. They are narrowly sword shaped and 1-5 cm long by 1-2 cm wide. The flowers are pink or purple. They are in clusters at the ends of branches. The fruit are 2 long follicles 8-15 cm long and 2-3 mm wide. There are many seeds.

HABITAT

It is a temperate plant. In China it grows in lowlands near lakes. It grows in wetlands. In north China is grows in salty barren areas and on the edges of deserts.

NOTES

It is also used in medicine.

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