PLANT FACT SHEET

Galium triflorum Michx.

GENUS *Galium* **FAMILY** Rubiaceae

COMMON NAMES Fragrant bedstraw, Sweet-scented bedstraw

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. The stems are weak and have many bristles. They fork freely. The leaves are thin and deep green. They are in rings of 6. The flowers are greenish-white. They have long stalks. They are borne in clusters of 3. The fruit are 2 rounded, bristly nutlets.

HABITAT

They grow in damp rich woodlands in the Rocky Mountains. In China it grows in mountain forests between 1,500-2,000 m above sea level. In Sichuan.

NOTES

There are about 300 Galium species. There are 60 species in tropical America.

REFERENCES

Cormack, R. G. H., 1967, Wild Flowers of Alberta. Commercial Printers Edmonton, Canada. p 323

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 269

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Porsild, A.E., 1974, Rocky Mountain Wild Flowers. Natural History Series No. 2 National Museums of Canada. p 364

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/04f88908-51fc-415b-9844-6ded98ce9fca