PLANT FACT SHEET

Aphloia theiformis (Vahl) Benn.

GENUS *Aphloia* **FAMILY** Aphloiaceae

COMMON NAMES Mountain peach, Albino peach

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves - tea

The fruit can be eaten.
The leaves are used to make tea.

DESCRIPTION

A shrub or tree. It grows 10-18 m tall. The bark is brown and smooth. The leaves are alternate and simple. They are 3-8 cm long by 1-3 cm wide. They are glossy dark green above and tend to droop. The leaves have teeth. The flowers are in the axils of the leaves. They are in groups of 1-3 and are white. They have yellow stamens in the centre. The flowers have a scent. The fruit is a fleshy berry. It is white. It is 5 mm across.

HABITAT

A tropical plant. It grows in rainforest and also near the edges of the forest. It suits humid locations. It grows in mid altitude and mountain forest. In Malawi it grows between 1,250-2,450 m altitude. It can grow in arid places.

NOTES

There is probably only one Aphloia species. Also put in the Flacourtiaceae family.

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