PLANT FACT SHEET

Salvia yangii B. T. Drew

GENUS *Salvia* **FAMILY** Lamiaceae

COMMON NAMES Russian sage

EDIBLE PARTS AND USES

Edible parts: Flowers

The small flowers are sweet and eaten in salads or used as a garnish.

DESCRIPTION

A herb. It grows to 120 cm high. It spreads 45-90 cm wide. The leaves are oval or oblong. They are 5-6 cm long. They are silvery green. The leaves are scalloped along the edge or have coarse teeth. The flowers are soft blue. They grow in narrow spikes. These are 30 cm long.

HABITAT

It is a temperate plant. It suits hardiness zones 5-9.

PRODUCTION

Cultivation

They can be grown from seeds. It can also be grown from cuttings. Plants can be cut to the ground each year.

Harvesting and Seed Production

It grows quickly.

NOTES

There are 7 Perovskia species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0519d240-dbd7-4e4e-b67c-9e8a9aefe961