PLANT FACT SHEET

Tagetes filifolia Lag.

GENUS *Tagetes* **FAMILY** Asteraceae

COMMON NAMES Anise marigold, Irish lace marigold

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring, Leaves - tea

The leaves can be used as a tarragon like seasoning.
The dried flowers are used for tea.

DESCRIPTION

A herb. It grows each year from seed. It grows 5-40 cm tall. The leaves are opposite and divided. They are 1.5-3 cmlong by 1-2 cm wide with 4-7 pairs of segments.

HABITAT

It is a tropical plant. In Argentina it grows between 1,000-4,400 m above sea level.

REFERENCES

Bentley, J., Nina, S & Perez, S., 2001, Ethnobotany of Weeds in Cochabamba. (As Tagetes pusilla)

Casas, A., et al, 1996, Plant Management Among the Nahua and the Mixtec in the Balsas River Basin, Mexico: An Ethnobotanical Approach to the Study of Plant Domestication. Human Ecology, Vol. 24, No. 4 pp. 455-478

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 43 (Also as Tagetes anisatum)

Gen. sp. pl. 28. 1816

Joyal, E., 1987, Ethnobotanical Field Notes from Ecuador: Camp, Prieto, Jorgensen, and Giler. Economic Botany 41(2): 163-189 (As Tagetes pusilla)

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 850

Thomas, E., et al, 2008, The Relationship Between Plant Use and Plant Diversity in the Bolivian Andes, with Special Reference to Medicinal Plant Use. Hum Ecol (2008) 36:861–879 (As Tagetes pusilla)

Torre, de la L., et al, 2008, Enciclopedia de las Plantas Útiles del Ecuador. Herbario QCA. Pontificia Universidad Católica del Ecuador. p 235

Vandebroek, I. & Sanca S., Food Medicines in the Bolivian Andes. Book chapter Eating and Healing p 273 (As Tagetes pusilla)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/054a8a93-9195-469f-9e65-ef7b82898b46