PLANT FACT SHEET

Theligonum cynocrambe L.

GENUS *Theligonum* **FAMILY** Rubiaceae

COMMON NAMES Dog's cabbage

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are sometimes used as a potherb.

DESCRIPTION

A low annual herb. It often lies along the ground. It has an unpleasant smell. The stems have swollen nodes. The leaves are succulent. They are alternate but the lower ones are opposite. They are oval and do not have teeth. The flowers are small and green. They are 2-3 mm long and borne in small side clusters. Male and female flowers are separate but on the same plant. Male flowers have 2-3 lobes and female flowers are tube shaped. The fruit are 2 mm long and like nuts.

HABITAT

It is a Mediterranean climate plant. It grows in rocky habitats and on sandy ground. It is often in damp and shady places.

NOTES

Also put in the families Cynocrambaceae and Theligoniaceae.

REFERENCES

Blamey, M and Grey-Wilson, C., 2005, Wild flowers of the Mediterranean. A & C Black London. p 182

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 647

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Tardio, J., et al, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0576bffd-97eb-430d-a517-41831c28aca3