PLANT FACT SHEET

Cirsium chinense Gard. & Champ.

GENUS *Cirsium* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Root

DESCRIPTION

A herb. It is a thistle. It keeps growing from year to year. It grows between 40-100 cm tall. The stems are erect and branched in the upper section. The lower leaves are narrowly oval and divided. They are 5-7 cm long by 1-4 cm wide.

HABITAT

It is a temperate plant. It grows in grasslands on mountain slopes between 100-1,600 m above sea level.

NOTES

There are about 150-250 Cirsium species. They grow in temperate regions.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/058adba2-c415-4ae1-998a-c72ce1f92e7a