PLANT FACT SHEET

Aspidocarya uvifera Hook.f. et Thomson

GENUS *Aspidocarya* **FAMILY** Menispermaceae

COMMON NAMES Seiga

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten raw.

DESCRIPTION

A vine. It grows 7 m long. The stems have lines along them and can be hairy. The leaves are oval to heart shaped and 9-18 cm long by 8-16 cm wide. The fruit are red when mature and oval. They are 2 cm long.

HABITAT

A tropical plant. In Yunnan in China it grows between 600-1000 m above sea level. In Northeastern India it grows up to 1,800 m above sea level. It grows in monsoonal rainforest.

PRODUCTION

Harvesting and Seed Production

In southern China plants flower in April to May and fruit is September to October.

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Wild edible plants of Himachal Pradesh

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