PLANT FACT SHEET

Echium italicum subsp. siculum (Lacaita) Greuter & Burdet

GENUS *Echium* **FAMILY** Boraginaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Geraci, A., et al, 2018, The wild taxa utilized as vegetables in Sicily (Italy): a traditional component of the Mediterranean diet. Journal of Ethnobiology and Ethnomedicine (2018) 14:14

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/05952d13-6c9a-45c6-8da1-e3ebf425c4a9