PLANT FACT SHEET

Allaeanthus kurzii J. D. Hooker

GENUS *Allaeanthus* **FAMILY** Moraceae

COMMON NAMES Sa Lae

EDIBLE PARTS AND USES

Edible parts: Flowers, Fruit

The rounded flower heads are used in hot sour soup.
The young fruit are cooked and used as a vegetable in curry.

DESCRIPTION

A wild climbing shrub. The leaves are alternate. They are oval and narrow towards the tip and are reduced towards the base. They are 7-20 cm long by 2.5-7 cm wide. The leaf stalk is 2-3 mm long. The flower arrangements have male and female flowers separately. The male flowers are spikes like cylinders. They are 4-5 cm long. The female flowers are clusters with 3-5 heads. They are 5-7 mm wide. The fruit is a dry one enclosed in bracts. It is 8-10 mm across. The seeds are shaped like a lens.

HABITAT

A tropical plant. It is found in tropical deciduous forest and scrub. In Yunnan in China it grows between 200-600 m altitude.

NOTES

There are 4-8 Broussonetia species.

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