PLANT FACT SHEET

Gouania longispicata Engl.

GENUS *Gouania* **FAMILY** Rhamnaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A shrub that lies along the ground or a liane. It can climb 20 m high. It has coiled tendrils. It scrambles over other vegetation. The leaves are oval. The veins are easy to see. There are fine teeth along the edge. There are many flowers along a stalk. The flowers are creamy-white. The fruit are fleshy and 6 mm long by 11 mm wide. They have 3 wings.

HABITAT

It is a tropical plant. It grows on the edges of forests. In Zimbabwe it grows between 700-1,650 m above sea level.

NOTES

There are about 20 Gouania species.
It is used in medicine.

REFERENCES

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 4. Kew.

von Katja Rembold, 2011, Conservation status of the vascular plants in East African rain forests. Dissertation Universitat Koblenz-Landau p 168

White, F., Dowsett-Lemaire, F. and Chapman, J. D., 2001, Evergreen Forest Flora of Malawi. Kew. p 443

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/05e70ab5-4057-4eb4-a658-d90ab169eb50