PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Food Plants International: Leaf stalk - caution.

Philodendron sagittifolium Liebm.

GENUS *Philodendron* **FAMILY** Araceae

EDIBLE PARTS AND USES

Edible parts: Leaf stalk

It contains calcium oxalates. These would need to be removed by changing the cooking water if the leaves were to be eaten.

DESCRIPTION

A climbing plant. It grows 2-6 m tall. The stems are 1-3 cm thick. The leaves are 25-64 cm long by 9-33 cm wide. There are 1-4 flowers in a group in the axils of leaves.

HABITAT

It is a tropical plant. It grows from sea level to 1,450 m above sea level.

REFERENCES

Piedra-Malagón, E. M. et al, 2022, Edible native plants of the Gulf of Mexico Province. Biodiversity Data Journal 10: e80565 p 10

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/05f924e8-8271-4be4-98e6-d5c47888e629