PLANT FACT SHEET

# *Clerodendrum welwitschii* Gurke

**GENUS** *Clerodendrum* **FAMILY** Lamiaceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

The leaves are cooked and eaten as a vegetable.

## DESCRIPTION

A climbing shrub. It grows 5 m tall. The branches have brown hairs. The leaves are large. The flowers are in dense groups at the ends of branches. They are white.

## HABITAT

It is a tropical plant. It grows in mountain forest in Central Africa.

## REFERENCES


Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 5. Kew.

Harris, D. J., 2002, The vascular plants of the Dzanga-Sangha Reserve, Central African Republic. National Botanic Garden of Belgium, 2002. – 274 pages p 213

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew



**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



**LICENCE** CC BY-NC-SA 3.0



**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/06196a29-908f-4a10-8861-db5c968ec5b1