PLANT FACT SHEET

Launaea cabrae subsp. cabrae (De Wild.) N. Kilian

GENUS *Launaea* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Flowers

DESCRIPTION

A herb.

HABITAT

A tropical plant.

NOTES

There are about 20 Lactuca species.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 85 (As Lactuca cabrae subsp. cabrae)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/06a4c6b9-317b-4af8-9d1f-577abac564a1