PLANT FACT SHEET

Lespedeza capitata Michx

GENUS *Lespedeza* **FAMILY** Fabaceae

COMMON NAMES Roundhead lespedeza

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

A tea is made from the plant.

DESCRIPTION

A shrub. It grows 60-150 cm tall. The leaves vary in shape and are 4.5 cm long by 1.8 cm wide. They can be hairy.

HABITAT

It is a temperate plant. It suits hardiness zones 4-8. It grows on sand dunes and in prairies.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/06c7d1f8-17ea-4bb7-ad9e-5f2d17c3b378