PLANT FACT SHEET

# *Fabiana imbricata* Ruiz & Pav.

**GENUS** *Fabiana* **FAMILY** Solanaceae

**COMMON NAMES** Pichi, Peta, Romero

## EDIBLE PARTS AND USES

**Edible parts:** Leaves - tea, Fruit

## DESCRIPTION

A small shrub. It grows 2 m high. The leaves are 1-2 mm long by 0.5-1 mm wide. The flowers are white and tube shaped and have 5 petals.

## HABITAT

It is a temperate plant. In Chile it grows from low altitudes to 2,500 m altitude. In Argentina it grows between 2,600-3,200 m above sea level. It grows in humid areas with constant rainfall. It also grows in dry arid areas. It grows in full sun and can tolerate some shade. It suits hardiness zone 7. It can tolerate frost and snow. In Arboretum Tasmania.

## PICTURES



Credit: Food Plants International (Bruce French)

## REFERENCES


Cordero, S. E., Abello, L. A., & Galvez, F. L., 2017, Plantas silvestres comestibles y medicinales de Chile y otras partes del mundo. CORMA p 63

Leon-Lobos, P., et al, 2022, Patterns of Traditional and Modern Uses of Wild Edible Native Plants of Chile: Challenges and Future Perspectives. Plants (Basel) v 11 (6) Table S1

Quispe, C. et al, 2012, Phenolic Constituents of the Chilean Herbal Tea Fabiana imbricata R. & P. Plant Foods for Human Nutrition 67:242-246

www.chileflora.com



**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/0700b158-b25e-4e5f-b72d-a8b443731df3